

Vallance Bruswick Group – Patient information on Wn-CoV

Wn-CoV (also called 2019-nCoV) infection is classified as an airborne high consequence infectious disease (HCID) in the UK.

Wn-CoV has only been recently identified in December 2019; there is currently limited information about the precise routes of transmission. Coronaviruses are mainly transmitted by large respiratory droplets and direct or indirect contact with infected secretions.

Currently, there is no vaccine and no specific treatment for infection with the virus

Typical symptoms of coronavirus include fever, sore throat and a cough that may progress to a severe pneumonia causing shortness of breath and breathing difficulties.

There are now confirmed cases in countries outside of China (Singapore, Vietnam, Malaysia, Thailand, Korea, Japan, Nepal, Canada, France, Australia and United States)

If you are well and have returned from China, Hubai and Wuhan in the last 14 days:

- stay indoors and avoid contact with other people as you would with other flu viruses
 - This means remaining at home for 14 days after arriving from China and not going to work, school or public areas.
 - Where possible, you should avoid having visitors to your home, but it's ok for friends, family or delivery drivers to drop off food.
 - Avoid using public transport

If you have recently returned from high risk countries or have had contacts with suspected/ confirmed Wn-CoV cases AND have symptoms of fever or cough or sore throat or difficulty breathing

- You should **call your doctor or NHS 111** and **do not leave your home** until you been given advice by a clinician over the phone
- **Please do not come into your GP surgery or attend accident and emergency department**, this is to minimise the risk of spreading the virus to others

How can you help to prevent the spreading of Wn-CoV?

- ✓ Frequent hand washing with soap and water for at least 20seconds
- ✓ Covering your nose and mouth whilst coughing and sneezing with tissue and put the tissue in the bin afterwards
- ✓ Wearing of face masks in public/crowded area
- ✓ avoiding contact with people with respiratory symptoms
- ✓ avoid all non-essential travel to China until further announcement